

SUMMER TRAVEL CHECKLIST

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- Underwear
- Socks/stockings
- Undershirts/bras
- T-shirts Dress shirts
- Pants Shorts
- Skirts Dresses
- Swimsuit cover ups
- Compact Umbrella Scarves
- Leisure Shoes
- Athletic Shoes
- Sandals Flip Flops
- Belts & Ties
- Jewelry
- Toothpaste & Toothbrush
- Baby Wipes
- Floss
- Moisturizer
- Sunscreen
- Deodorant
- Shampoo & Conditioner
- Make Up & Make Up Remover
- Face Wash
- Hair-styling Items
- Rain-wear

NOTES

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- Any prescription medications
- Paracetamol (or any pain relief)
- Cold and Flu Tablets/Lozenges
- Antihistamines
- Allergy medication
- Imodium
- Anti-inflammatory Medication
- Bug Spray
- Antibacterial Ointment
- Region specific medication
- Travel First Aid Kit that includes:
 - band aids
 - antiseptic wipes
 - bandages
 - gauze
 - small scissors
 - tape/pins

NOTES

DON'T FORGET YOUR DOCUMENTS!